Leadership Training Guide for DBS

A guide for leading Disicovery Bible Group

Facilitate Discovery

This Leadership Training Guide equips new Discovery Bible leaders to confidently facilitate, disciple others, and multiply groups. Since DBS groups should be simple, relational and reproducible, leaders don't need formal theological training - just a heart to listen, learn and guide others in discovering the truth.

• KEY Mindset: "I am here to help others learn, not to teach them.

Phase 1: Preparation

1. Understand Your Role as a Leader

- You are a guide, not a teacher The goal is to let the Bible speak, not to provide all the answers.
- → You are a facilitator, not a pastor

Anyone can lead DBS - your job is to help others explore and apply God's Word..

→ You are modeling reproducibility

The goal is not just one group, but groups that multiply through relationships

KEY MINDSET: "I am here to help others learn through discovery, Tip not to teach them. teach or explain.

Don't allow one person to

A good facilitator doesn't give answers, but asks questions..

NO TEACHING OR EXPLAINING! Let people find answers in the Bible.

DISCUSSION: How do I recognize explaining during a Discovery Group?



Give everyone a chance to share

Don't just read the passages, put them into practice

Obedience is the goal

NO BRINGING IN OTHER PASSAGES! Focus on the one central truth of the passage.

DISCUSSION: What are some reasons not to

bring in other passages?

Tips

Share with other people what you are learning about your life in God.

Mee practical needs in the group or community

A memory aid to help A LEMON BITE Gathers Many Looks

Stimulate discussion from the group by asking questions using these words: A - Attention L - Like **B** - Bother G - God M-Mankind L - Life



Facilitate curiosity, seek discovery

Phase 1: Preparation



2. Pray for People

Pray for your DBS group

Pray for wisdom, patience and open hearts

Pray before each session: " Lord, help us **hear your voice today** through your Word."

→ Person of Peace

Ask God to **reveal Persons of Peace** who will help spread faith to others.

Look for:

Spiritually Curious - Open to discussions about life's meaning, truth, or spirituality.

Well-Connected – Respected in their family, workplace, or social circles.

Hospitable - Welcomes you into their home or social space (e.g., work, café, hiking group).

Willing to Share - Naturally passes on new ideas or conversations to others.

Already Seeking – Asking deep questions about justice, truth, suffering, or purpose.

Respected Locally- Others listen to them; they have influence in a social network.

Persons of Peace Tip

Discovering a PoP requires patience, deep listening and relational engagement.

They are open to spiritual conversations and able to connect others to Jesus

Watch for these signs:

- Someone who asks deep questions about purpose, truth, or suffering.
- A person who naturally gathers others around them (leaders, social connectors).
- Someone who expresses curiosity about your faith, life, or experiences.

Example Questions to Test Openness:

- "Do you think there's more to life than just work and survival?"
- "What do you think happens after we die?"
- "Why do you think people search for meaning, even in a secular world?"

Watch video on finding Persons of Peace

Tip

Once you sense **openness**, share a **personal story** about faith in an **authentic**, **non-preachy** way.

Invite them to a Discovery Group using questions not sermons

Phase 1: Preparation

3. Choose Format

Where to Meet?

A coffee shop, home, store, park, or beach—choose a place that feels natural.

- → Keep it relaxed and welcoming so people feel comfortable sharing.
- → How Many People?

Ideal size 2-6 people - encourages deeper discssions

- → If a group gets too large, encourage someone to start a new DBS.
- → How Often?

Weekly or biweekly is best—regular meetings build trust.

→ Be flexible—allow for people's schedules and natural rhythms.

Empower Them to Multiply

Encourage them to **invite others** - their friends, family or colleagues.

Let them **lead discussions** in a natural way.

Support them but **avoid controlling** - the movement must be local-led



Tip

Share one highlight or principle that spoke to you during the previous lesson.

Q & A

Phase 2: Leading a DBS Session



1. Welcome & Connection (5-10 Minutes)

→ Ask simple life questions to build relationships

What are you thankful for?

What has been difficult lately?

Have you seen a need in the community this group could meet?

Did you apply last week's discussion?

Phase 2: Leading a DBS Session

2. Read and Discuss Bible Passage (20-30 Minutes)

→ Read the passage TWICE

One person **reads** aloud Everyone silently **reads again** (One could repeat the passage in their own words- group could help recall missed main points)

→ Ask Three Simple Questions

What does the story teach us about God?
What does it teach us about people?
How can we apply this in our daily lives?

→ Encourage Participation

Let everyone **share** - there are no wrong answers

Keep it a **discussion**, not a lecture.or advise session

What does it say? (Write the text word-for-word.)	What does it mean? (Write it in my own words.)	What must I do to obey? (My "I will" statement.)
		With whom will I share?

3 - Column Study

Tool

Phase 2: Leading a DBS Session

3. Apply and Share (10-15 Minutes)

→ ASK

How will you live this out this week?

Who can I share the story with this week?

→ ENCOURAGE Practical Action

If discussing forgiveness, ask "Is there someone you need to forgive this week? If you are discussing helping others, ask How can you serve someone this week?

→ End with short prayer (if the group is comfortable)

KEY DBS RULE

Scripture + Obedience = Transformation

See a short video this formula

Tip

Accountability is critical to keep obedience alive.

Tip

Share one highlight or principle that spoke to you during the previous lesson..

15 MINUTE BREAK

Example Disicpleship Timeine

Timeframe	Focus	Action Steps
Weeks 1-4	Foundation	Teach simple prayer & Bible habits
Weeks 5-8	Hearing God	Teach listening prayer & personal Bible study
Weeks 9-12	Living It Out	Apply faith to daily life & relationships
Weeks 13-16	Sharing Faith	Train them to share their story & invite others
4+ Months	Multiplication	Help them start a DBS with friends

Tip

Share one highlight or principle that spoke to you during the previous lesson..

15 MINUTE BREAK

Optional - Phase 3 could be taught in the future

1. Identify Who Can Lead Next

→ Look for people who:

- → Are engaged in discussions and applying lessons.
- → Show natural leadership (people listen to them).
- → Express curiosity and ask deep questions.

→ Ask them:

- → "Would you be open to leading a DBS with your friends?"
- → "I can help you start—let's do this together."
- If hesitant, co-lead with them until they feel confident.

2. Leadership Mentoring

Stage 1: Walk With Them

Goal: Build confidence by **co-leading with them**.

Meet regularly over coffee or a meal—build friendship first.

Observe their **strengths & challenges** as they begin leading.

Encourage them with **small leadership tasks** (e.g., reading Scripture aloud, asking a question).

Ask: "What excites you and what scares you about leading?"

Weeks 1-4

2. Leadership Mentoring→ Stage 2: Guide Them

Goal: Strengthen their **facilitation skills** while they lead.

Let them **lead the full DBS session** while you observe.

Give affirming & constructive feedback afterward:

- "What went well?"
- "What was challenging?"
- "How can we improve next time?"

Offer practical coaching on:

- Keeping discussions focused & engaging.
- Encouraging everyone to participate.
- Asking good follow-up questions.

Weeks 5-8

2. Leadership Mentoring → Stage 3: Release Them

Goal: Empower them to lead independently and disciple others.

Encourage them to invite 2-3 new people into a DBS group.

Provide **support without controlling**—trust them to lead.

Meet periodically for **check-ins &** encouragement.

Ask: "Who in your group do you see as a future leader?"

- Encourage them to repeat the cycle:
- Find someone in their group to mentor.
- Start co-leading with them.
- Train them to lead independently.

Weeks 9-12

2. Leadership Mentoring → Stage 4: Multiply Mentorship

Goal: Train them to **mentor a new DBS leader**—creating a multiplying movement.

Ask: "How can you invest in someone the way I invested in you?"

Encourage them to **repeat the mentorship process** with a new leader.

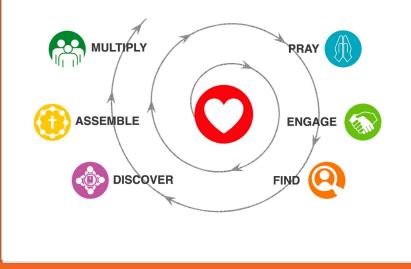
Offer ongoing support, encouragement, and problem-solving.

Keep multiplying the leadership chain: First-generation DBS leader (YOU) mentors Second-generation DBS leader mentors Third-generation DBS leader mentors

Celebrate each new generation of disciple-makers!

3-6 Months





Milestones

• March 2025 Training for DBS Launch 2 DBS Groups		October 2025 Offer DBS Training Launch Discovery Class
	2025	
	June 2025 Evaluate Progress Determine Future Offer DBS Training	November 2026 Celebrate Mentoring Follow up



Best of Success!

We hope you'll use these tips to go out and facilitate people in discovering Jesus and his people!

For more about making